


Whether you're looking for a healthy, delicious meal or a place to grab a bite to eat and enjoy a hot cup of coffee with friends, RMU Dining Services has got you covered.

Stop by and see us...we're here to serve you!



Visit us online: [www.rmu.edu/diningservices](http://www.rmu.edu/diningservices)

**ROBERT  
MORRIS  
UNIVERSITY** 

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RMU | DINING SERVICES  
2010|11



ROBERT  
MORRIS  
UNIVERSITY





## RMU | DINING SERVICES

For breakfast, lunch, dinner and more...we've got you covered!

Robert Morris University understands that dining is an integral part of the university experience. That's why we offer our students a number of delicious and nutritious dining options. Our dining plans provide the ultimate in flexibility and offer something to satisfy even the most discriminating of tastes.

The RMU Dining Services meal plan options focus on wellness and are designed to fit the busy lifestyle of today's students. It all starts in our Food Court, where you'll find meals made with only the freshest and finest ingredients, prepared from scratch by our experienced chefs. The result is an impressive selection of nutritious, great-tasting culinary offerings.

For those in a hurry, RoMo's Café offers an inviting, casual dining option. Here students can enjoy freshly made on the go sandwiches, salads and wraps, in addition to a selection of savory coffees and teas, hot evening specials and a full line of convenience items.

Whether you're heading to or from class, stop by the conveniently located Hale Center Coffee Kiosk to enjoy a delicious Starbucks™ coffee or specialty espresso drink.

After skating, shooting the puck, or just working out, grab a bite to eat at the ISC Bistro, where you'll find delicious burgers, hot dogs, chicken and more.

Nutrition, variety and flexibility – that's what you can expect from RMU Dining Services.



*“We work hard to treat the students right.”  
- Anjanette Jones, Pepperazzi*



## RMU | NUTRITION & FRESHNESS

Because good food should be good *for you*, too.

RMU Dining Services prides itself on our Food Gold Standards, which ensure that we provide only the freshest and most nutritious meals. These are just some of the many high standards that we abide by:

- Fresh vegetables daily
- USDA Choice meats or above
- Minimum of five fresh fruits daily
- Foods prepared from scratch using real ingredients
- No microwave cooking

Our FarmSource® program is an initiative to find and partner with some of the finest local growers and producers. With assistance from organizations like Pennsylvania Association for Sustainable Agriculture (PASA), we are able to enhance the freshness and quality of our product offerings without compromising our commitment to food safety, while supporting and strengthening the local agricultural community. We utilize only suppliers and growers who follow the high standards set forth by regulatory agencies like the FDA, the Pennsylvania State Department of Agriculture and local health departments.





## RMU | ROMO'S CAFÉ

### Something's always brewing at RoMo's.

RoMo's Café, located on the Plaza Level (3rd floor) of the Nicholson Center, is another great dining option for RMU students. A combination convenience store/coffee house, RoMo's provides a fun, casual gathering place where students can meet with friends, do school work or just hang out and get a bite to eat. Two flat-screen TVs, a cozy fireplace and plenty of seating makes this one of the more popular places on campus. Besides its delicious made-to-order salads and sandwiches, RoMo's also offers savory coffees and teas, as well as a selection of tempting pastries and baked goods. It's also home to an impressive marketplace where students can stock up on grocery items and goodies for their residence hall rooms.

"The Food Court and RoMo's give students a little taste of home. The atmosphere is great, and they provide a fun and comfortable place to eat and relax with friends."





# DINING



## The Revolutionary Plan

*\$2,775\*/semester*

For students who plan on eating the vast majority of their meals in the Food Court. It is structured to allow for three meals a day, seven days a week, and provides extra spending for RoMo's Café.

## The Patriot Plan

*\$2,045\*/semester*

For students who plan to eat an average of 15 meals per week on campus. It also provides extra spending money for RoMo's Café.

## The Jefferson Plan

*\$1,840\*/semester*

For the moderate eater or the student who routinely goes off campus for meals. This plan provides for an average of 12-13 meals per week. It also includes extra spending money for RoMo's Café.

# SERVICES meal plan options

RMU Dining Services' goal is to match students with the perfect meal plan that meets and exceeds their expectations. These plans give our diners total control and flexibility along with the best value for the dollar. Students can use their Freedom Card (student ID) for the safety and convenience of cashless dining.

## The Revere Plan

*\$1,295\*/semester*

Provides convenience and flexibility for busy schedules (only available to students living in campus apartments).

## The Commuter Plan

*\$250\*/semester*

Designed for students who live off campus but want to enjoy the convenience of the Food Court, RoMo's Café or the Hale Kiosk. Purchases made with this meal plan on your Freedom Card (student ID) allow you to save 7% sales tax. Students who live off campus may also choose from the Revolutionary, Patriot or Jefferson meal plans. Resident students are not eligible for this meal plan.

\*A \$250 Dining Services Fee per semester is included in the meal plan options (\$10 per semester for the Commuter Plan). The fee covers maintenance, ongoing enhancements and operating costs associated with providing dining services. Thus the spendable balance for the Revolutionary Plan is \$2,525 /semester, the Patriot Plan is \$1,795/semester, the Jefferson Plan is \$1,590/semester, the Revere Plan is \$1,045/semester, and the Commuter Plan is \$240/semester.

- First-year resident students are required to purchase either the Revolutionary Plan or Patriot Plan in order to familiarize themselves with campus life and manage their time schedule. After their first semester, they may choose the Jefferson Plan as well.
- Students who select the Revere Plan but do not reside in the apartments will be defaulted to the Patriot Plan after the close of room selection.
- Any unspent meal plan balance will expire at the end of the semester and cannot be refunded.

## RMU | FREQUENTLY ASKED QUESTIONS

Which meal plan should I choose?

First-year resident students must choose either the Revolutionary Plan or the Patriot Plan for their first semester. After their first semester, they may choose the Jefferson Plan as well. For other students, any meal plan is a good choice. The more money you have on your plan, the more flexibility and options you have.

What about paying for guests?

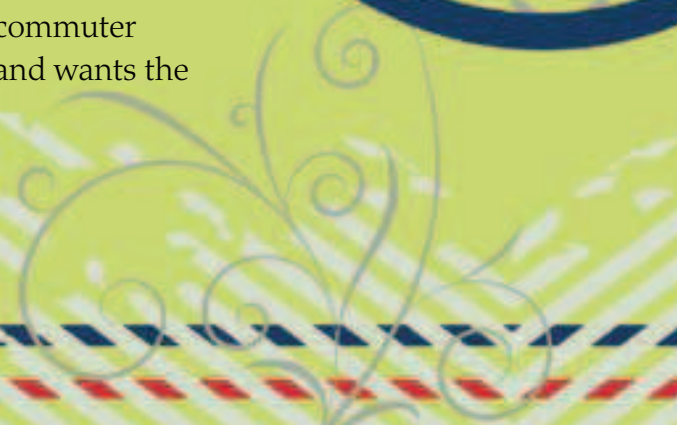
You can use your Freedom Card to pay for guests at all dining locations. All locations also accept cash, Mastercard®, VISA® and Discover®.

Can I add more dollars to my plan during the semester?

Yes. You can add more dollars to your plan in increments of \$50. Just remember, they expire at the end of the academic year.

Are there meal plan options if I do not live on campus?

Yes. An off-campus student is eligible to purchase any meal plan that meets their needs. A commuter plan is also available and a good choice for the student who occasionally dines on campus and wants the convenience of using their Freedom Card and saving the 7% sales tax.



## RMU | LOCATIONS & CONTACT INFO

### Student job opportunities

Student associates are very important to us. We have many part-time positions at the Food Court, RoMo's Café, and in our Catering Department. Just stop by our office located in the Food Court.

### Student catering services

We know that occasionally there is a need for student catered events and we are happy to provide catering services. Whether it's for a lunch group meeting, box lunches for athletes, or a high-end function, we will work with you to make sure we meet and exceed your expectations. Just call our Catering Department at 412.397.4990.

### Questions or comments

If you have any questions or need more information, you can reach us by email at [diningservices@rmu.edu](mailto:diningservices@rmu.edu) or by phone at 412.397.3243. Visit us online at [www.rmu.edu/diningservices](http://www.rmu.edu/diningservices).

**Food Court** 412.397.2551  
Nicholson Center, 2nd Floor

**RoMo's Café** 412.397.2532  
Nicholson Center, 3rd Floor

**Hale Center Coffee Kiosk** 412.397.2519  
Hale Center, 2nd Floor

**RMU Island Sports Center** 412.397.4473

**Café 600** 412.397.6720  
Pittsburgh Center, 1st Floor

**Meal plan funds can be used  
at all of these locations.**

Please refer to our website,  
[www.rmu.edu/diningservices](http://www.rmu.edu/diningservices)  
for hours of operation.

